

Discover Your “Heart YES!” for Life

with Sue Dumais



TESTIMONIALS

“Sue Dumais is a speaker that will challenge you to stand in your power, get out of your comfort zone and stand up for what you believe in. Sue’s message comes from her heart, it will stop you from running and make you face the truth of who you are, and that will set you free so that you can manifest your greatness.”

Les Brown, Speaker, Speech Coach, Author

“Sue made me feel part of her presentation. She created an intimacy that made me feel as though she was speaking directly to me. Her presentations have truly been part of some of the most memorable events I have ever attended.”

Areli Hermanson, Registered Dietician

“Sue’s strength in coaching has allowed her to blossom from practitioner to educator in her efforts to share her knowledge with the public. Her supportive professional speaking approach leaves each listener feeling empowered. She is a speaker that I strongly recommend.”

Clementine Hudson, Accreditation Coordinator, Clinical Coordinator, Human Resources at Victoria Fertility Center

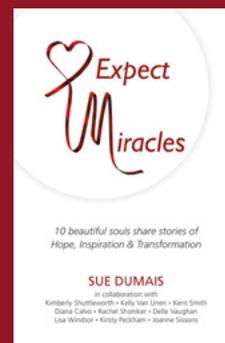
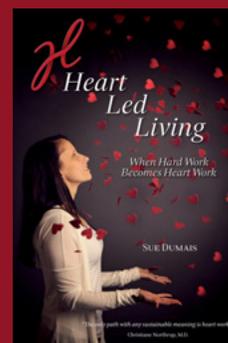
PARTIAL LIST OF PAST EVENTS SPOKEN TO:

Global Women’s Summit, USANA International Convention (with Dr. Denis Waitley)
The Women’s Event (with Marianne Williamson)
Flourish (with Dr. Christiane Northrup)
Women of Influence, Thriving Moms
Mindset of an Entrepreneur (with Les Brown)
Institute of Holistic Nutrition
Women in Business, Victoria Yoga Conference

BIO

Sue Dumais is a Global Impact Visionary Leader answering the call to heal the world. As a best-selling author, international speaker, gifted intuitive healer and global voice of HOPE, she has inspired the “Heart YES Movement.” With over 20 years of experience as a speaker, trainer and teacher, Sue brings the gifts of insight, awareness and self-empowerment to her audiences, creating a shift in consciousness from head to heart. In 2014, she received the WOW Spirit Success and Soul Award. Sue also established the Heart Led Living Foundation, which provides emotional and financial support to women and girls in Kenya.

BOOKS BY SUE



SUE SPEAKS ON THE TOPICS OF:
Inspiration – Life Purpose – Wellness
Spirituality – Mind & Body – Empowerment
Energy/Alternative Energy – Relationships
Personal Development – Health & Nutrition
Women’s Health

FEATURED PRESENTATIONS

What We Can't See, We Can't Change

We can't change what we can't see and most people don't want to see what they most need to change. In this talk Sue empowers the audience by bringing the light of awareness to their blind spots so that they can change the behaviors, thoughts and beliefs that are not serving them or their relationships. The audience will learn:

- How to identify, explore and shift resistance
- How to explore judgment and projection as a means to foster authentic relationships
- How to open the mind to new perspectives and lead with heart

What Used to Work is No Longer Working

Have you noticed that what used to work is no longer working? Vices, substances, and tactics we used to distract or numb ourselves, hide, and forget about our worries don't work anymore. We are all being called to do some spring cleaning, go through all the old boxes in our mind and body, throw out what is not useful or needed, and shift from living in fear to being in love with life. Sue shares how to:

- Process intense feelings and pressure without causing more pain and suffering.
- Process our leftovers, move through our fear and resistance, and align with our heart's path.
- Awaken to our full potential and inspire others to do the same, creating a beautiful ripple effect that will touch the hearts of all of humanity.



Embodying Your Heart Yes

If everyone stopped focusing on the "No's" in their life and brought all of their energy and attention to the "YES's," their entire outlook and experience of life would change in an instant. Sue teaches how to embrace and embody our "YES" for life so we will feel empowered, excited, and alive with unbridled enthusiasm and anticipation for all that life has to offer by:

- Learning to discern between a true "Heart YES" and our head's version.
- Placing attention and intention on how life is saying "YES" to lead and direct our lives.
- Using our heart's "YES" as a signal to keep on track, live our purpose, and fulfill our destiny.

Heart Led Living – When Hard Work Becomes Heart Work

Sue will guide you through the 10 principles from her book, *Heart Led Living*. This talk empowers healing and is designed to inspire one to embrace a new perspective that whatever we go through we grow through. Transformative tools are shared to help the audience learn to:

- Trust their intuition.
- Lead with their heart.
- Discover their **YES** for life!

Additional presentations include:

- Global Healing – Embracing the Power of One to Affect Change
- The Art of Soul Care – How to Thrive While Nurturing Others and Nourishing Self
- What if Nothing is Wrong? What if Everything was Right?

Visit <https://heartledliving.com/about/speaking/> for information on additional topics. Sue is also happy to custom design a presentation for your event or organization.

CONTACT INFORMATION FOR AVAILABILITY AND QUOTE:

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<https://heartledliving.com/about/speaking/>

